

Ageing Well

Science based habits of people who age well - Ageing Well Project

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AGEING WELL



MASTER TRAINING WORKSHOP

The Train-the-Trainers training capacitated educators and caregivers to work with the Ageing Well Training Programme.



42

Participants in the focus groups



154

Answers to the questionnaires

Informing the Positive Ageing Toolkit

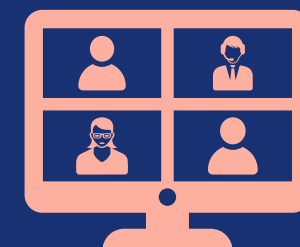
84



ADULTS +65 TESTED THE ELEARNING PLATFORM

From Cyprus, Czechia, France, Greece and Spain.

14



PARTICIPANTS

From Cyprus, Czechia, France, Greece and Spain.

104



PARTICIPANTS IN THE PILOT TRAINING WORKSHOPS

From Cyprus, Czechia, France, Greece and Spain.

104 adult educators and caregivers participated in the pilot training workshops, completing the learning modules and provide feedback!

FINAL DISSEMINATION CONFERENCE



50 PEOPLE PARTICIPATED IN THE FINAL EVENT IN PARIS, FRANCE

To discuss active ageing and how to further use the deliverables of the project



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